Name:

ID:

<u>Information</u> <u>booklet:</u> Vaccinations

- Mandatory vaccines
- Recommended for MSM (Men Who Have Sex With Men)
- Recommended for Risk Groups and Immunocompromised

Creator and Editor: Roy Zucker,MD Medical Advisor: Dr. Yael Paran Graphic Editing: Roee Shlomi





Hepatitis A

Mode of Transmission Rimming, food and water contaminated with the virus.

Route of Administration 2 doses, at least 6 months apart.

Duration of Protection & Who is Vaccinated Effective for 30 years. People born in 1998 and above are vaccinated through the routine vaccination program. Antibodies count can be checked at medical clinics. Other countries: Check with your physician.

Important Information Commonly spread during pride week events and circuit parties.

Hepatitis B

Means of Transmission Unprotected sexual intercourse, blood.

Route of Administration 3 doses. First dose is given immediately, second at least 1 month after and the third after 6 months.

Duration of Protection & Who is Vaccinated Effective for at least 20 years. In Israel people born after 1992 are vaccinated as part of the routine vaccination program. Other countries — Ask your physician.

Important Information Extremely relevant to people taking PrEP for HIV. Vaccination must be checked before beginning PrEP treatment.

Means of Transmission Skin-to-skin contact, especially during sexual intercourse. A condom doesn't provide full protection from infection.

Route of Administration 3 doses over a duration period of 6 months. **Duration of Protection & Who is Vaccinated** Lasts a lifetime for fully vaccinated people. Nowadays in Israel it is given as part of the school vaccination program for both boys and girls in 8th grade. Other countries – ask your physician.

Important Information The purpose of the vaccine is to prevent genital warts as well as rectal, penile, oral and pharyngeal cancer. The earlier the vaccine is given the more effective it is (the risk of past exposure to HPV is decreased).

Meningococcal ACWY (Men ACWY)



Means of Transmission Prolonged and close proximity to people carrying the bacteria in their throat.

 $\begin{tabular}{ll} \textbf{Route of Administration} & For immunocompromised patients -2 \\ doses over a duration period of two months. \\ \end{tabular}$

Groups with no risk factor: one dose only.

Duration of Protection & Who is Vaccinated Effective for 5 years. In Israel newly-recruited soldiers receive the vaccine. Other countries — check with your physician.

Important Information Rare but might be life threatening.

Meningitis B (MenB)

Means of Transmission Prolonged and close proximity to people carrying the bacteria in their throat.

Route of Administration 2 doses a month apart.

Duration of Protection 5 years.

Important Information The most common type in Israel and most western countries. A disease with high mortality rates. Outbreak might occur in people who spend prolonged times in crowded places (parties, circuits etc.)

Streptococcus Pneumonia & its Complications



Means of Transmission Prolonged and close proximity to people carrying the bacteria in their throat.

Route of Administration Above the age of 65 - 2 doses. PCV 13, and two months later a dose of PPSV23.

Duration of Protection PPSV23 is effective for at least 5 years. PCV 13 is effective for a lifetime.

Important Information Under the age of 65 recommended for high risk groups and immunocompromised only – patient should consult with the family physician.

Means of Transmission Highly contagious - spreads through air particles of infected people. The virus particles remain for some time after the infected person leaves the area.

Route of Administration 2 doses at least a month apart.

Duration of Protection & Who is Vaccinated In Israel: born 1957 – 1969 aren't vaccinated. Born 1970-1977 had only one dose. Born from 1978 and above are fully vaccinated as advised by the routine vaccination program. Other countries: Check with your Physician.

Important Information Officially recommended for people who travel abroad. However, in any case, it's advised to consult with the family doctor regarding the vaccination and do it in case there are no contraindications.

Influenza (Flu)

Means of Transmission Being in a close proximity with people carrying the Influenza virus.

Route of Administration One dose every year before flu season. **Duration of Protection** Effective for one year, renewal dose necessary every year.

Important Information The strains of the virus covered by the vaccine changes every year according to local epidemiological data.

Hepatitis A	DOSE 01	DOSE 02	
Hepatitis B	DOSE 01	DOSE 02	DOSE 03
НРУ	DOSE 01	DOSE 02	DOSE 03
Meningococcal ACWY (Men ACWY)	DOSE 01	DOSE 02	
Meningitis B (MenB)	DOSE 01	DOSE 02	
Streptococcus Pneumonia	PCV13	PSSV23	
Measles (As part of MMR)	DOSE 01	DOSE 02	
Influenza (Flu)			

I am pleased to hand you this booklet containing information regarding vaccines and vaccination.

This booklet promotes one of the most important disciplines in medicine known as "Preventive Medicine".

The purpose of this booklet is to highlight the most important vaccines for the LGBT community. I highly recommend staying updated regarding vaccine briefings and instructions through the website of the Ministry of Health in Israel or your home country.

Israel: https://data.health.gov.il/drugs/index.html#/byDrug

Roy Zucker, MD.

Tel Aviv medical center and Gan Meir Medical Clinic, The LGBTQ Center.

